

Tentative Date Sheet

Diploma in Meditation and Yoga Sciences (DYS)

Theory Examinations First Trimester, June - 2025 (Morning Session Time- 10:00 AM to 01:00 PM)

Date	Day	Subject Code	Subject Name
12.06.2025	Thursday	DYS-101	Philosophical foundations of Yoga and Schools of Yoga
13.06.2025	Friday	DYS-102	Concept, Texts, Traditions and practices of Hathayoga
14.06.2025	Saturday	DYS-103	Basic Human Anatomy and Physiology


Practical Examinations First Trimester, June - 2025

Date	Day	Subject Code	Examination Type	Subject Name
16.06.2025	Monday	DYS-104	Practical-I	Prayer, Shatkarma, Yogic Sukshma, Vyayama, Yogic sthula vyayama
17.06.2025	Tuesday	DYS-105	Practical-II	Suryanamaskar, Basic Yogasana, Pranayamas, Meditation)

Note:-

1. The Candidates are not permitted to carry communication equipment such as mobile phone/pager, wireless set, scanner pen, scanner camera or any such gadgets etc. inside the examination hall which is punishable with disqualification for a period as prescribed in the University ordinances.
2. For writing in any answer sheet only blue ball pen /royal blue ink is permissible.
3. Students are strictly warned not to disclose any identification mark or write your roll number, name, etc. inside the answer book. Any student found guilty shall be disqualified.
4. If a candidate is found copying/ allowed another candidate to copy, his/her answer sheet or it is otherwise established will be disqualified along with the University UMC ordinance.

Hoshiarpur
27.05.2025


(Dr. Anju Bala)
Controller of Examinations